

Thermal distributions 1

Tossing coins, microstates, and macrostates

Modern physics for engineers

David Miller

Tossing coins

Microstate

We toss a coin 4 times

There are 16 possibilities

shown using ↑ for heads
and ↓ for tails

We call each possible set of 4
outcomes
a microstate

↑↑↑↑

↑↑↑↓

↑↑↓↑

↑↓↑↑

↓↑↑↑

↑↑↓↓

↑↓↑↓

↓↑↑↓

↑↓↓↑

↓↑↓↑

↓↓↑↑

↓↓↓↑

↓↓↑↓

↓↑↓↓

↑↓↓↓

↓↓↓↓

Tossing coins

We can group these
microstates into

macrostates

each containing all
microstates
corresponding to
a particular number of
heads and tails

Microstate	Macrostate
↑↑↑↑	4 up ("heads")
↑↑↑↓ ↑↑↓↑ ↑↓↑↑ ↓↑↑↑	3 up ("heads") 1 down ("tails")
↑↑↓↓ ↑↓↑↓ ↓↑↑↓ ↑↓↓↑ ↓↑↓↑ ↓↓↑↑	2 up ("heads") 2 down ("tails")
↓↓↓↑ ↓↓↑↓ ↓↑↓↓ ↑↓↓↓	1 up ("heads") 3 down ("tails")
↓↓↓↓	4 down ("tails")

Tossing coins

The number of microstates
in each macrostate
is called the
multiplicity
of the macrostate

Microstate	Macrostate	Multiplicity
↑↑↑↑	4 up ("heads")	1
↑↑↑↓ ↑↑↓↑ ↑↓↑↑ ↓↑↑↑	3 up ("heads") 1 down ("tails")	4
↑↑↓↓ ↑↓↑↓ ↓↑↑↓ ↑↓↓↑ ↓↑↓↑ ↓↓↑↑	2 up ("heads") 2 down ("tails")	6
↓↓↓↑ ↓↓↑↓ ↓↑↓↓ ↑↓↓↓	1 up ("heads") 3 down ("tails")	4
↓↓↓↓	4 down ("tails")	1

Tossing coins

For each macrostate

we can also write an
excess

which is the “excess”
number of heads
compared to tails

We can write the excess as $2s_e$

where s_e is the difference in
the number of heads
compared to the average

Microstate	Macrostate	Multiplicity	Excess, $2s_e$
↑↑↑↑	4 up (“heads”)	1	4
↑↑↑↓ ↑↑↓↑ ↑↓↑↑ ↓↑↑↑	3 up (“heads”) 1 down (“tails”)	4	2
↑↑↓↓ ↑↓↑↓ ↓↑↑↓ ↑↓↓↑ ↓↑↓↑ ↓↓↑↑	2 up (“heads”) 2 down (“tails”)	6	0
↓↓↓↑ ↓↓↑↓ ↓↑↓↓ ↑↓↓↓	1 up (“heads”) 3 down (“tails”)	4	-2
↓↓↓↓	4 down (“tails”)	1	-4

Tossing coins

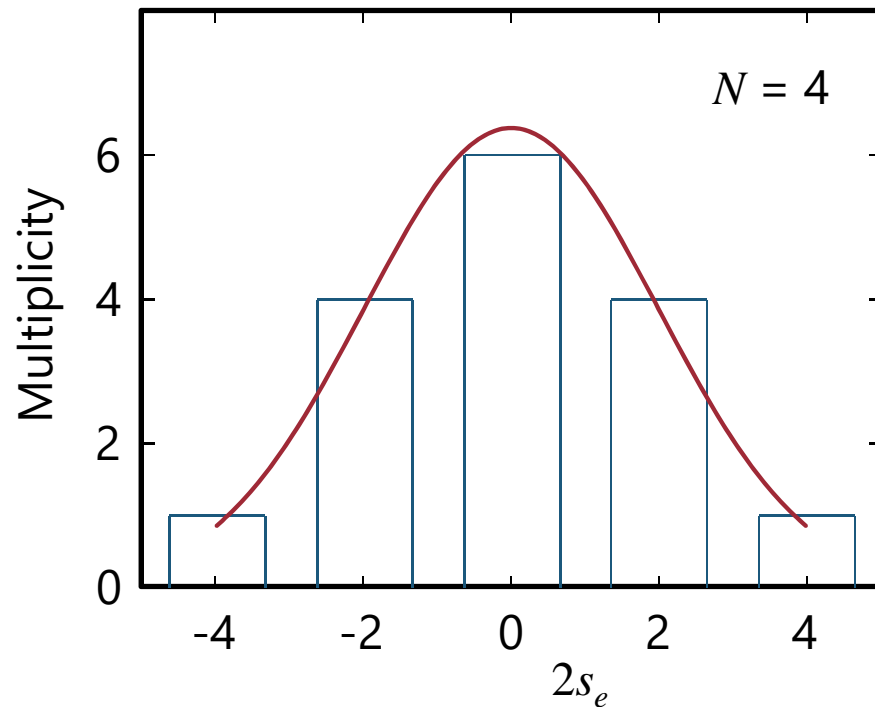
We can plot the multiplicity

here for $N = 4$ coin tosses

as a function of the
"excess"

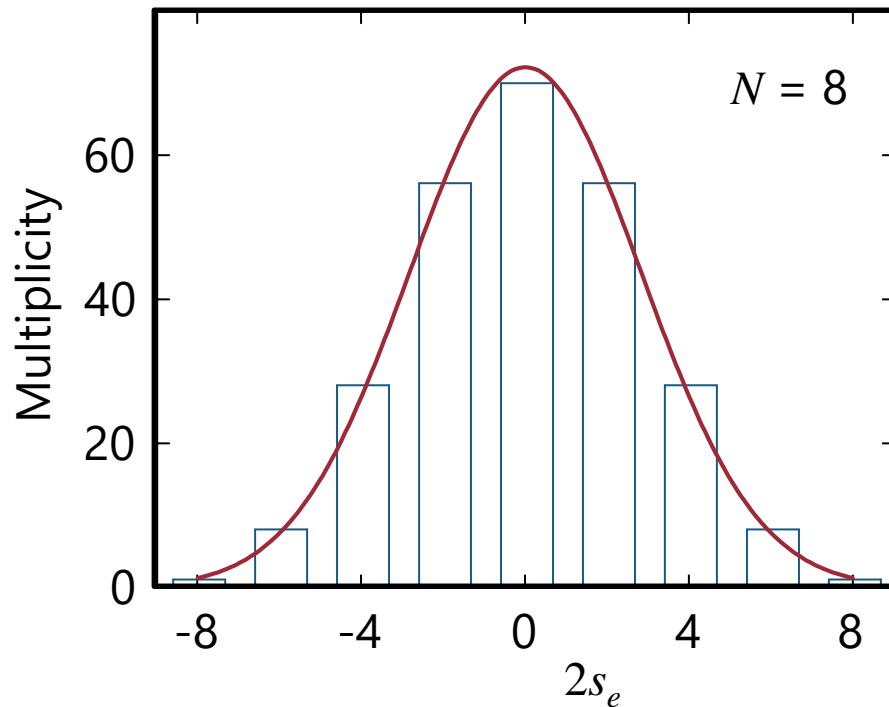
also showing a curve of a

Gaussian approximation



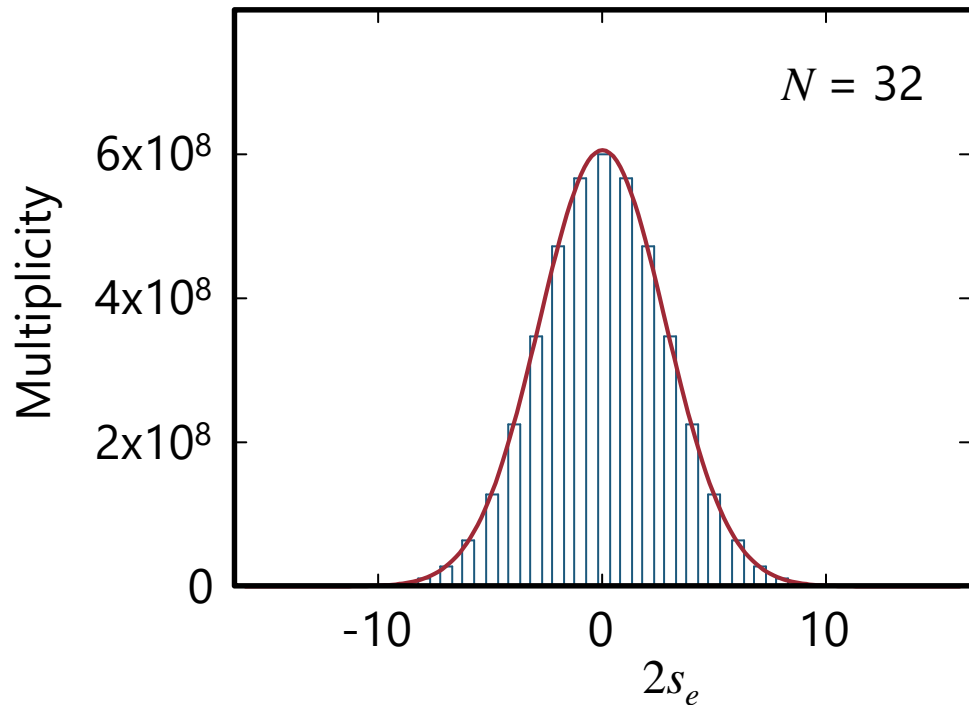
Tossing coins

Increasing N gives
much larger peak
multiplicity
and
a wider curve
though narrower
relative to N



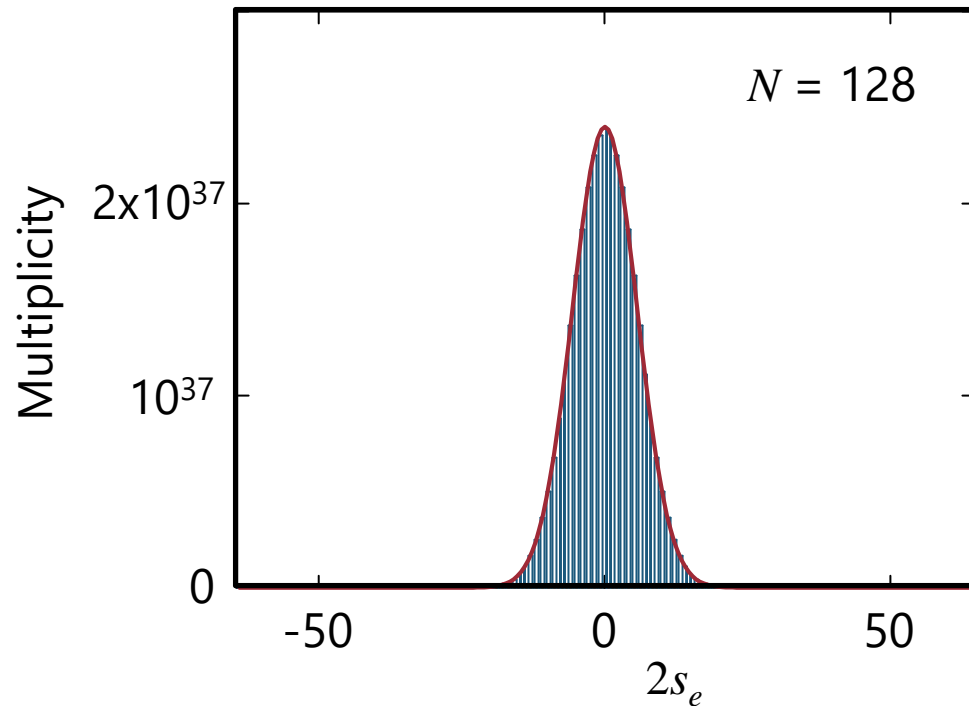
Tossing coins

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Tossing coins

Increasing N gives
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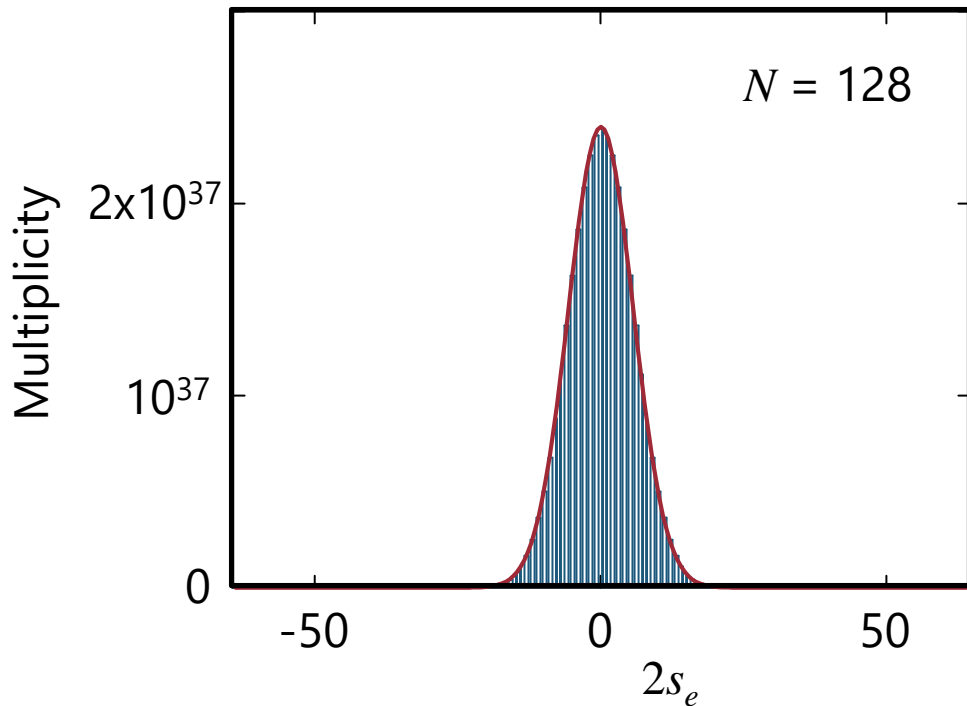


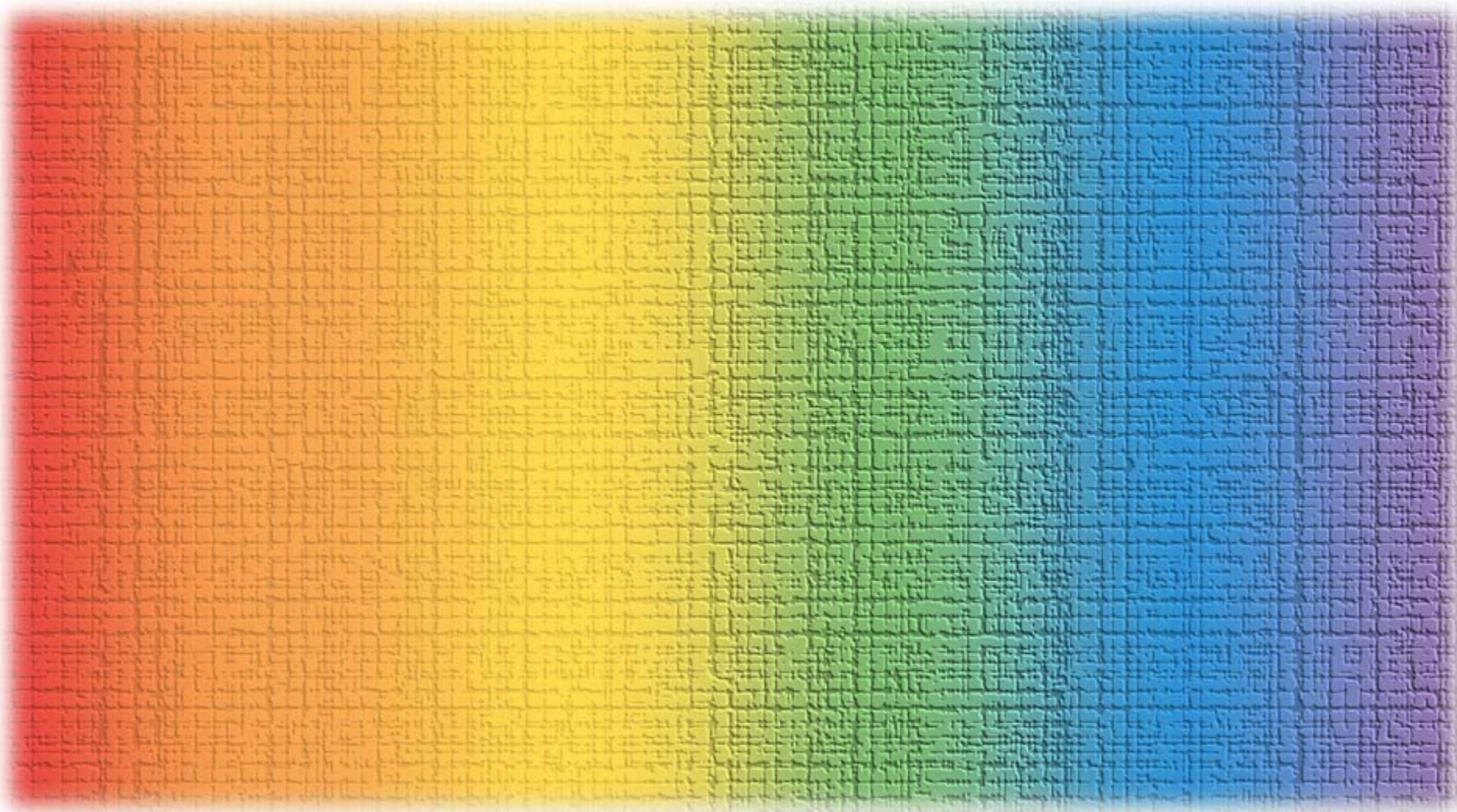
Tossing coins

The multiplicity drops as
the magnitude of the
difference between
heads and tails increases

The most likely outcome is
equal heads and tails

Outcomes with
approximately equal
heads and tails
dominate as N increases





Thermal distributions 1

Binomial distribution and Stirling's approximation

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Binomial distribution

Binomial distribution



When tossing coins

the formula for the number of
microstates in a macrostate

that is, the multiplicity of the
macrostate

is an example of the binomial
distribution

Binomial distribution



Suppose we have N coins in a row

e.g., starting all "heads"

Take k of them, and flip them over

e.g., to "tails"

thereby creating two sets of
coins in the row

"heads" and "tails"

Binomial distribution

There are

N ways we can choose the first coin to flip over

$N - 1$ ways we can choose the second

and so, down to

$N - k + 1$ for our k th choice

Multiplying these together gives us

$$N(N-1)(N-2)\dots(N-k+1) = \frac{N!}{(N-k)!}$$

Binomial distribution

There are also $k!$ different orderings in which
we could have chosen which coins to flip over
while still leaving us the same sets of “heads” and
“tails” in the row
so we divide by $k!$ giving

$$g = \frac{N!}{(N-k)!k!}$$

for the total number of different-looking rows
of coins in which k of them are flipped over
which is the binomial distribution

Multiplicity of macrostates

This binomial distribution $g = \frac{N!}{(N-k)!k!}$

gives the multiplicity of a macrostate

corresponding to k "heads" and $N-k$ "tails"

We prefer to write this in terms of s_e , giving

$(N/2) + s_e$ for the number of "heads" and

$(N/2) - s_e$ for the number of "tails"

which gives $g(N, s_e) = \frac{N!}{\left(\frac{N}{2} + s_e\right)! \left(\frac{N}{2} - s_e\right)!}$

Multiplicity of macrostates

For example, for $k = 1$ "heads"
out of $N = 4$ coin tossings

$$g = \frac{N!}{(N-k)!k!} = \frac{4 \times 3 \times 2 \times 1}{(3 \times 2 \times 1) \times 1} = 4$$

For $s_e = 2$, an "excess" $2s_e = 4$
which corresponds to 4 more "heads" than "tails"

$$g(N, s_e) = \frac{N!}{\left(\frac{N}{2} + s_e\right)! \left(\frac{N}{2} - s_e\right)!} = g(4, 2) = \frac{4!}{(2+2)!0!} = \frac{4!}{4!0!} = 1$$

remembering $0! = 1$

Stirling's approximation

Stirling's approximation

For large N , we can use an approximation to this binomial distribution

which in turn is based on Stirling's approximation

For large N

$$\log(n!) \simeq \frac{1}{2} \log 2\pi n + n \log n - n$$

or equivalently

$$n! \simeq \sqrt{2\pi n} (n/e)^n$$

Approximate binomial distribution for large N

Using Stirling's approximation

together with the power series expansion

$$\log(1+x) \simeq x - x^2 / 2$$

after some algebra we can rewrite

$$g(N, s_e) = \frac{N!}{\left(\frac{N}{2} + s_e\right)! \left(\frac{N}{2} - s_e\right)!}$$

as

$$g(N, s_e) \simeq g(N, 0) \exp\left(-\frac{2s_e^2}{N}\right) \quad \text{with} \quad g(N, 0) \simeq \sqrt{\frac{2}{\pi N}} 2^N$$

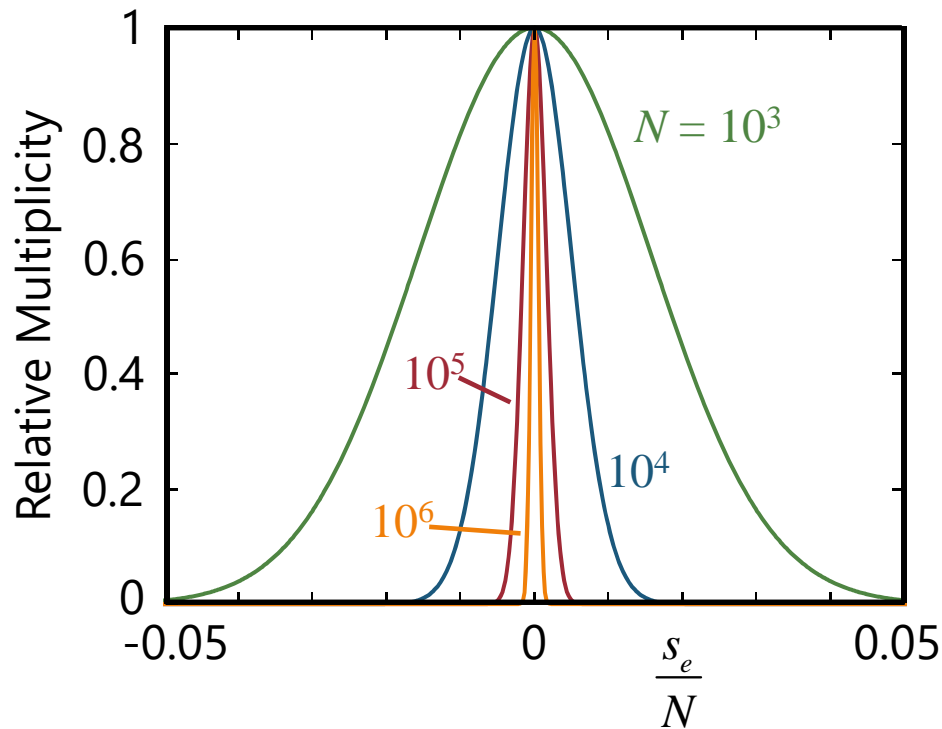
Gaussian approximation

Using this Gaussian approximation

as N becomes large

the absolute width does
continue to grow

but the relative width
becomes smaller



Width of the multiplicity distribution

From $g(N, s_e) \simeq g(N, 0) \exp\left(-\frac{2s_e^2}{N}\right)$

we see the value of s_e for which
the distribution falls to $1/e^2$ of its peak value is

$$s_{ec} = \sqrt{N}$$

So, though the width of the distribution grows as \sqrt{N}

for the relative width we have $\frac{s_{ec}}{N} = \frac{1}{\sqrt{N}}$

Width of the multiplicity distribution



So, for example

if we tossed a coin 10^{20} times

the average number of heads or
tails would be

0.5 within roughly 1 part in 10^{10}

Width of the multiplicity distribution



Note that

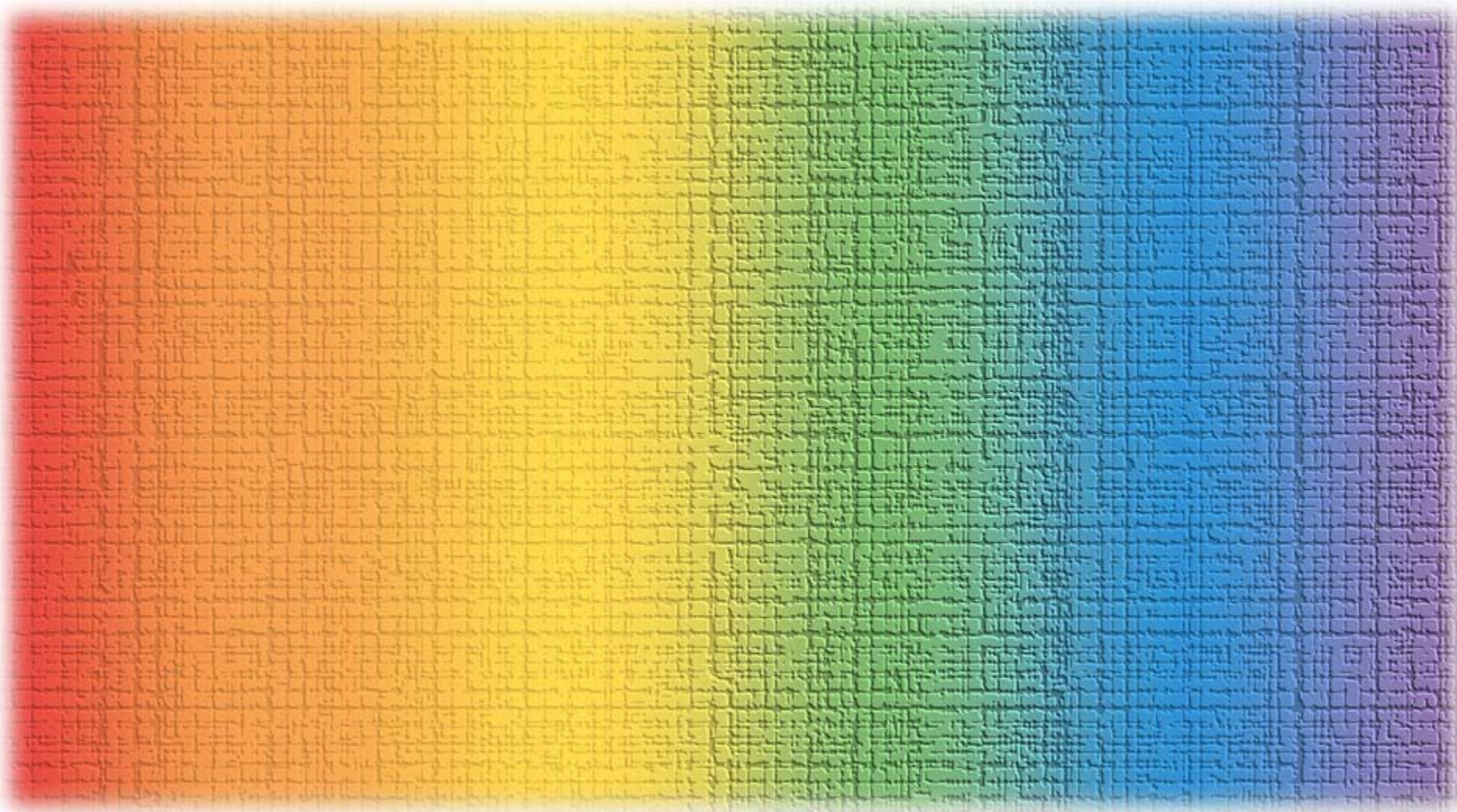
in terms of s_e / N

nearly all the microstates are found
in or very close

to the most likely macrostate

This is quite general behavior for
such statistical systems

with large numbers of elements like
this



Thermal distributions 1

Two-state spin systems and microstates

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Two-state spin systems and accessible microstates

Two-state spin systems



So far, we presumed that

every such outcome of heads and
tails

is possible

as indeed it is for tossing a coin

A related physical system would be

a set of spins

such as a set of electrons

with negligible interaction

between them

Two-state spin systems



Just as each coin could be heads or tails

so each spin (or electron) could be
"spin-up" (\uparrow) or
"spin-down" (\downarrow)

If there are no other constraints on
spins being up or down
then we obtain the same kind of
counting
for spins as for coins

Two-state spin systems and accessible microstates



Accessible states



In real physical systems

different possible microstates
may have different energies

If there is a fixed energy available
or there is some other constraint on
energy

it may be that

not all the microstates we could
write down

would be possible

or "accessible"

Accessible microstates



Given whatever physical constraints
there are on the system
an accessible microstate is one that
is physically possible

Accessible microstates



Now we make an important physical postulate

which underlies our statistical
analysis of physical systems
that are in equilibrium

By “equilibrium”

we mean after everything has
settled down

at least as we observe it
macroscopically

Accessible microstates



For a physical system in equilibrium
each accessible microstate is
equally probable

Two-state spin systems and energy

Non-equilibrium starting states



We can start the system in a specific microstate

so its probability dominates over all the others

at that starting “non-equilibrium” condition

Non-equilibrium starting states



But once we have left the system to
equilibrate

on measuring the system

any accessible microstate is
presumed to be

just as likely as any other

Two-state spin systems



We use the two-state spin system
as a model to understand the
behavior of physical systems
presuming we can generalize to
similar behaviors of
more complicated systems
without further formal proofs

Two-state spin systems



The key attribute we need
is to allow the microstates
to have energies that may not all
be the same

Spins in a magnetic field

For our spin system

we imagine that we apply a magnetic field
of magnitude B
along the “up-down” axis of the spins

For a small magnet or spin

of magnetic moment (magnet “strength”) μ_s
the energy of a “spin-up” “magnet” is

$$E_{\mu} = -\mu_s B$$

A spin with “spin-down”

will have exactly the opposite energy

Spins in a magnetic field

With some spins “up” and others “down”

the energy of equal numbers of “up” and “down” spins
will cancel out in the total energy, U

Hence, the total energy only depends on

the “spin excess” $2s_e$
specifically being

$$U(s_e) = -2\mu_s B s_e$$

We are interested in a closed physical system

in which this total energy U is fixed

